What is claimed is:

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1. A method of preparing a neutral complex of essential trace elements and a dicarboxylic alpha amino acid, comprising:

mixing a water soluble monobasic and amino acid dicarboxylic acid with a water soluble metal salt of the trace element in salt form;

adjusting the pH to neutral in a manner to avoid formation of insoluble metal hydroxides; and,

quickly cooling the reactants to form small crystals of the neutral complexes.